

# TRI-CITIES SENIORS PLANNING NETWORK

## Minutes of Meeting Tuesday, April 19, 2016 - 1:00 - 3:00 pm City Centre Library, Boardroom 1169 Pinetree Way, Coquitlam

Attendees:  
Linda Asgeirssen  
Stacy Ashton  
Massi Bakhshian  
Judith Castillo  
Ryan Drew  
Lois Fusaro  
Effie Garcia  
Tim Hicks (guest)  
Gina Hortelano  
Brenda Hynes  
Judy Jackson  
Ken Kuhn  
Pat McBlane, Acting Chair  
Roland Mitchell  
Irene Turnbull  
Karen Tyrell

Regrets:  
Jackie Hong  
King Lum  
Jovana Turkovic

### Introductions

Welcome to new members and guests.

### Agenda

- Accepted with no changes

### Minutes of Previous Meeting (March 15, 2016)

- Accepted with no changes
- Moved to accept – Massi Bakhshian
- Seconded – Roland Mitchell
- carried

### Business Arising from Previous

#### Housing Forum

- 180 tickets have been claimed
- Expect to see close to that in attendance
- Starbucks has donated coffee

- Approximately \$1,800+ raised from vendor fees
- Costs: \$160 for venue; \$100 St. Johns Ambulance
- 45 minutes only for lunch
- SPS (Seniors' Professional Services) have donated all of the food
- Keynote speaker: Rebecca Leslie, Aging My Way Home Care
- Other speakers:
  - Ferdinand Pascual, Home Health Services, Fraser Health Authority
  - Isobel Mackenzie, BC Seniors' Advocate
- Seniors Panelists: Melody & Roland
- Stacy has prepared a worksheet which she will guide people through at different intervals of the day
- Evaluation form to be collected at end of Forum
- Representatives from all constituent offices should be present
- Start set up – 8 am
- Vendors set up 8:30
- Everything ready for 9 am
- Vendors will have draws at end of all other activities; pick up prizes at vendor's table

Most of the remainder of the meeting was spent putting together the portfolios for hand out at the Forum.  
Great job everyone!!!

#### **Updates:**

Mary Ong:

- Walk for Alzheimer's on Sunday, May 1<sup>st</sup> at Hyde Creek from 12 – 2 pm

Roland Mitchell:

- Hike for Hospice, Sunday, May 1<sup>st</sup> at Port Moody City Hall, 9 am
- June 4 – Shredding by donation at Crossroads Hospice Society
- June 11 – Bucket List Festival – New Westminster

Irene Turnbull:

- City of Coquitlam giving free Coquitlam Watershed tours on May 7<sup>th</sup> – 9 am OR 12:30 pm

Stacy Ashton:

- 'Board Date' on May 18, 2016 , from 6:30 – 9:00 pm
- Meet local organizations recruiting new Board members
- Contact Stacy for more info

Pat McBlane:

- New doctor in Port Coquitlam, young woman with 7 years' experience – taking new patients
- Dr. Candy Cheung, #125 - 1465 Salisbury Avenue, Port Coquitlam, BC V3B 6J3  
Phone 604 552-3001  
Fax 604 552-3701

Brenda Hynes

- Make sure seniors fill out taxes in order to qualify for any extra services

**NEXT MEETING: Tuesday, May 17<sup>th</sup>, 1:15 to 3:15 pm , Poirier Library Nancy Bennett Room.**

*Shortest minutes ever!! 😊*