

# TRI-CITIES SENIORS PLANNING NETWORK

**Minutes of Meeting**  
**Tuesday, March 17, 2015 - 1:00 - 3:00 pm**  
**Port Moody Arts Centre**  
**2425 St. Johns St., Port Moody**

## **Attendees:**

## **Regrets:**

|                   |                   |
|-------------------|-------------------|
| Stacy Ashton      | Carmeliza Florido |
| Bruce Bird        | Parneet Hara      |
| Bob Darnbrough    | Ken Kuhn          |
| Pat Darnbrough    | Linda Western     |
| Ryan Drew         |                   |
| Marg Gordon       |                   |
| Peggy Hendrickson |                   |
| Brenda Hynes      |                   |
| Judy Jackson      |                   |
| Pat McBlane       |                   |
| Jim Millar        |                   |
| Mike Oakley       |                   |
| Mary Ong          |                   |
| Irene Turnbull    |                   |
| Karen Tyrell      |                   |

## **Introductions:**

### **Agenda**

- Added under New Business by Bruce Bird: Age Friendly Communities Webinar.

### **Minutes of Last Meeting (February 17, 2015):**

- Motion to accept, Mike Oakley
- Seconded by Pat McBlane
- Carried

### **Old Business**

#### **Tri-Cities Community Seniors Forum**

- Reminder this event is on March 27<sup>th</sup> at Winslow Centre, Coquitlam
- Marg has been having trouble connecting with Ken re: a table (this has since been dealt with)
- Most tickets have been reserved (up to 500), but there still are some spaces available, so register now if you are interested

#### **Presentation to Healthier Communities Partnership Table**

- There were councillors from each municipality

- There is a doctor from Eagle Ridge Hospital also on the committee
- Fraser Health currently looking at recruiting General Physicians for the Tri-Cities
- First step is getting information to cities re: a seniors advisory committee
- Member questioned if we still need to present to each of the city councils
- We do need to go ahead with the same presentations to full council meetings
- Suggested we approach committees already established as its helpful to have them onside
- Marg Gordon to identify existing committees and King/Linda will then determine who we should connect with
- Some felt we shouldn't skip presentations to committees; King to talk to Linda re: going forward
- Attached to these minutes is the complete Transportation Forum report, which was presented at the Table and was very well received.

## **New Business**

### **What do we want to do next?**

- Do we want to do a Forum re: housing? (similar to the Transportation Forum)
- Canadian Legion (Port Moody building) will be for market housing
- An option was to be for senior housing but in review, they claim there is no market for senior housing
- Originally this was to be assisted/independent living – after research they decided to sell units as condos
- Developer is giving the Legion space in the new building
- Public hearing next Tuesday around this issue
- Karen suggested we wait for the outcome from the Seniors Forum (March 27<sup>th</sup>)
- Maybe have sign-up sheet to test interest
- Operating agreements with BC Housing are running out
- Survey seniors re issues around housing –Stacy can look at survey monkey draft re questions?
- Include workshops/discussions at the housing forum around applying for subsidies, etc.
- Suggested topics/survey issues could include any of the following:
  - Low cost rentals
  - Subsidized rentals
  - Staying in their own home longer
  - Moving to low cost options
  - Staying in my neighbourhood
  - Moving to a less expensive location
  - Accessibility
  - Supplements for housing (SAFER)
  - Support to landlords re renos, etc. for seniors housing
  - Veterans support
  - Be cognizant of others things in process
  - Municipal support
  - Explore incentives for developers to build for seniors
  - Approach other service clubs
  - Lions Care Centre has lost Fraser Health funding
- Avoid crisis management mode
- What is 'Your Plan' – Plan A – long term; Plan B – short term/unexpected change
- People tend to want to stay at home as long as possible but don't always take into account things changing in five to ten years
- Fraser Health can often assist with cost of a medi-alert monitoring system

- Does your plan include Independent Living? ...or Assisted Living
- What are Your concerns:
  - Planning to downsize within the Tri-Cities in the next ten years?
  - How worried are you about your finances?
- BC Not for Profit Housing presented a play a few years back entitled “I’m Not Ready Yet” – perhaps we could include something like this at a Forum
- Mary Ong will follow up on the same space availability as we had for Transportation Forum

#### **Donations/Grants**

- CVC is still looking at gaming grants this year
- Will submit IG application – hope to have enough money to fund admin position for another year
- Forum and in kind donations will bring in a little revenue
- Need to purchase banners
- King to donate \$100 to Network for business cards for anyone who needs them (Thank You King!)
  - Stacy to follow up with a proof

#### **Tri-Cities Local Immigration Partnership**

- Holding a meeting March 24<sup>th</sup>, by invitation only, at the Evergreen Cultural Centre
- King and Linda attending from the Network
- Marg Gordon and Stacy Ashton attending from their agencies
- Topic: Civic Engagement of Immigrants in the Tri-Cities
- Report back at next meeting

#### **Age Friendly Communities Webinar**

- International Webinar on Age Friendly Communities
- April 1<sup>st</sup> from 8:00 a.m. to 9:30 a.m.
- Information to be sent to members in separate e-mail prior to event (done)

#### **Day Care Programs**

- Pat expressed concerns about losing all of the good discussions and work already done around Day Care programs in the Tri-Cities
- These discussions seem to have rolled into Affordable Housing discussions, but they are two different issues
- Add a question to the survey
- Ryan noted at SUCCESS downtown has day care programs and housing; perhaps she could invite them to give a presentation to our group (Ryan to follow up and advise of possible date for an upcoming meeting.)
- WHO would create these programs?
- Bell is offering a \$15,000 grant to study programs for mentally challenged and Alzheimer/dementia individuals – Karen Tyrell to check into this
  - Marg to email link to Bill Wray on behalf of Peggy

#### **Miscellaneous**

- Marg suggested that we need to ‘brag’ about ourselves in the local papers
- King and Linda to write a draft article
- Stacy to follow up with newspapers

## **Updates**

### **Bruce Bird:**

- Zoomer Show – March 21<sup>st</sup> and 22<sup>nd</sup> at the Vancouver Trade & Convention Centre (he gave out some free tickets – thanks Bruce!)
- March 26, CARP is hosting a presentation from 1 to 3:30 – ‘Dying for a Conversation’
- This is being held at 75 East 6<sup>th</sup> Avenue in New Westminster

### **Bob Darnbrough**

- City of Port Moody has produced a report re: Age Friendly Community Planning Project (to view the full report – go to the City of Port Moody website, select City Council Meeting, select March 3<sup>rd</sup> meeting... there is a link there for the full report on Age-Friendly Community Plans)
- This was presented at the March 3<sup>rd</sup> Council meeting
- A discussion table was set up about a year ago to identify/review the needs
- Survey was done by SPARC BC
- A Drop-in centre for seniors is recognized as a need

### **Mary Ong**

- Offered two tickets to My Fair Lady, April 16<sup>th</sup> at Massey Theatre
- Tickets were won by Marg Gordon

### **Karen Tyrell**

- Stress and Caregiving presentation on March 19<sup>th</sup>, 6:30 pm at the Port Moody Rec Centre

**NEXT MEETING: Tuesday, April 21<sup>st</sup>, 1:00-3:00 p.m. – Poirier Library, Nancy Bennett Room**

**Attachment – Transportation Forum Final Report**