

# TRI-CITIES SENIORS PLANNING NETWORK

**Minutes of Meeting**  
**Tuesday, June 16, 2015 - 1:00 - 3:00 pm**  
**Poirier Library, Nancy Bennett Room**  
**575 Poirier Street, Coquiltam**

## **Attendees:**

## **Regrets:**

Masumeh Bakhshian	Stacy Ashton
Ryan Drew	Bruce Bird
Gina Hortelano	Harvey Grigg
Brenda Hynes	Peggy Hendrickson
Judy Jackson	Ken Kuhn
King Lum	Pat McBlane
Mike Oakley	Irene Turnbull
Mary Ong	
Bill Wray	

## **Introductions:**

**Guest Speaker:** David Woollven, YMCA

## **Agenda:**

- Accepted with one change under 'New Business':
  - Karen added 'letter of support for Glen Pine'

## **David Woollven, YMCA**

- David came in to speak to us about the new, proposed YMCA for the Burquitlam area
- It will be a health, fitness and aquatics facility
- YMCA works to provide a strong centre of community
- It has been determined that this will be the first generation to die younger than their parents due to three main issues: vulnerability, unhealthy lifestyle, isolation
- YMCA serves everyone regardless of means (last year they provided \$2.1 million direct financial assistance in the Lower Mainland)
- Coquitlam facility will be state of the art
- It will service 16,000 people
- 50-60,000 sq. ft. space

- Initial capital investment is 50/50 with the City of Coquitlam; operations handled by YMCA
- Burquitlam location is near the SkyTrain – actual site is not yet determined
- Hope to sign final agreements by the 4<sup>th</sup> quarter of 2015; plans to open in the fall of 2018
- Next steps will include:
  - more community engagement and exploration of collaboration
  - Capital campaign
  - Facility design and construction
  - Continue to broaden programming
- David was asked about Seniors programs in the new facility; responded that some programs would include:
  - Health heart program
  - Exercise programs geared for seniors
  - Aquafit for seniors
  - Volunteer opportunities (have partnered with UBC to do research around getting people engaged)
- Asked what the difference was between civic run vs. YMCA?
  - YMCA relies heavily on volunteers for all programming, teaching, etc.
  - All volunteers are thoroughly trained in the areas in which they work (i.e. teaching swimming)
- Asked what type of outreach YMCA did:
  - YMCA has been opened for 13 years in Surrey; programs have now spread to 40 schools
  - Always working closely with the community around needs.
- We will have an opportunity to give more input around the design/inclusion of seniors programs in the new facility.
- Concerns were raised about the impact on current services provided and the increased difficulty attracting dollars needed for existing services (i.e. Glen Pine's Leisure Connection program)

**Minutes of Last Meeting (May 19 2015):**

- Motion to accept, Massi
  - Seconded by Mike Oakley
  - Carried – no discussion

**Business Arising from Previous Meetings:**

**Communications with Local Papers:**

- King has prepared a first draft of the article. Judy will send as attachment to minutes for everyone's review and input

**Presentation to Councils:**

- Have been unable to access the original presentation made to the Fraser Health group; important to have this to review and edit (hopefully we will have this by July meeting)
- Bill Wray said he would be interested in attending (supporting King) the Coquitlam Council meeting; Mary Ong also volunteered to support King in presentations
- Need to clearly set out function of the Seniors Advisory Committee and who the members would/should be

- Terms of Reference for the Port Moody Committee would be helpful (Ruth will keep us informed when established and available) (Judy to follow up)

#### **Survey Draft Questions:**

- Isobel MacKenzie's report on housing has been released
- "Seniors' Housing in BC: Affordable – Appropriate – Available" is the name of the report
- To access check the website: [www.seniorsadvocatebc.ca](http://www.seniorsadvocatebc.ca) or phone 1-877-952-3181
- Very comprehensive report with a lot of very interesting data
- Stacy away – discussion moved to next meeting

#### **Housing Forum:**

- CARP has asked Isobel MacKenzie to attend another meeting to present her report
- Perhaps we could create a larger forum by collaborating with someone such as CARP
- Ask Stacy if she may have a suitable volunteer in her database who could 'coordinate' the forum
- Contact Coquitlam City/Social Planner re: support
- Karen sending some questions and possible contacts to Judy who will try to make some initial contact phone calls

#### **Federal Election**

- It was felt that this is another area where we should be collaborating with more or a larger entity, such as CARP

#### **New Business**

##### **Letter of Support**

- Karen (and Bill W.) have great concerns about the continuation of the Leisure Connections Program
- Bill has submitted 12 applications for various grants with 0 response
- Karen is sending a letter from her own company and asked this committee do the same
- Karen to send a copy of the letter to Judy
- Motion: Write a letter of support for Glen Pine, Leisure Connections Program (Karen)
- Seconded: Mike Oakley
- Carried

#### **Updates**

##### **Mike Oakley:**

- Very busy
- Lots of requests to and from the airport (please let others know); not just a pick up drop off service, client is taken all the way through to security

**Mary Ong**

- Grant information will be released in August
- She made an application on behalf of Glen Pine and also for TCSPN

**Ryan:**

- Funding reinstated for Immigration Inclusion Partnership grant
- Citizenship and Immigration releasing information for funding criteria for next year

**Karen:**

- June 30<sup>th</sup> is the end of the Caregivers Support Program (United Way funding ends)
- Karen very concerned about where to send these clients – she will support as many as possible on a volunteer basis, but obviously many others will have no support
- Critical situation!

**Brenda:**

- Brenda encouraged everyone to check out [www.demandaplan.ca](http://www.demandaplan.ca)
- The group is asking for a National Seniors Strategy by 2019

**Gina:**

- Better at Homes is still very busy
- Working with more clients who have issues of deafness, hard of hearing and blindness
- Working closely with Western Institute for the Deaf and Hard of Hearing and Canadian Institute for the Blind for staff education and client support

**Bill Wray:**

- Dogwood AGM was June 15<sup>th</sup>; Dot Haerinen is the new President
- July 28<sup>th</sup>, Tuesday, Glen Pine is hosting a Multicultural Fair from 11 to 3 pm
- Chasing dollars – need to identify grants and find a better way to work with them

**Massi:**

- The Seniors Professional Services group (SPS) would like to make a presentation to our Committee

**NEXT MEETING: Tuesday, July 21, 1:00-3:00 p.m. – Poirier Library, Boardroom (note: new room)**