

TRI-CITIES SENIORS PLANNING NETWORK

Minutes of Meeting

Tuesday, November 19, 2013 - 1:00 - 3:00 pm

Location: SUCCESS at Henderson Place

In Attendance:

Stacy Ashton
Bruce Bird
Effie Garcia
Peggy Hendrickson
Judy Jackson
Lisa Kwan
Roger Loubert
King Lum
Pat McBlane
Mary Ong
Karen Tyrell
Linda Western

Regrets:

Bruce Hansen
John Perry
Carolyn Sherrell (until June)
Christine Spinder
Suzanne Tempel
Sue Uremovich

Thank you to Effie and SUCCESS for once again hosting the meeting.

Introductions were made. Welcome to Roger Loubert and Lloyd McInnis as new members of the Network.

1. Review of Agenda

Addition to Agenda:

Selection of Chair or Co-Chair

Discussion followed:

- King suggested having a rotating chair every couple of meetings; Bruce suggested this should be quarterly
- Linda would still work with the individual selected re: agendas, aligning guest speakers, etc.
- Chair would provide some leadership and forward thinking
- Stacy suggested chair/co-chair leads meetings, discussions, etc. The facilitator (Linda Western) supports that position.
- CVSS (Stacy Ashton) deals mostly with the administration of the grants
- Linda would like to see a member of the group lead the meetings

- Some current models:
 - Lisa Kwan is the chair of the SUCCESS Seniors group. She facilitates more of the social interactions between members and represents Chinese Seniors on other committees in the community and reports back and shares the information with members.
 - Bruce Bird in his role as Chair of the district CARP chapter feels responsible for everything unless he is able to delegate tasks to others
 - Linda, in current role, chairs the meetings and perhaps represents the committee at other forums

This item was accepted as an addition to the Agenda.

2. Review of Minutes from October 22nd

- Corrections were made to:
 - Change ‘Seniors Enrichment Program’ to Seniors Enrichment Project (pg. 2)
 - ‘We Car’ should be ‘We Care’ (pg. 4)
 - COSCO should have been COSTCO re: flu shots (last pg.)
- With changes, Bruce moved to accept the minutes, Effie seconded

3. Selection of Chair/Co-Chair

- Bruce nominated King Lum; no other nominations or volunteers came forward; King accepted the nomination
- It was decided that the Chair would rotate on a quarterly basis
- King will Chair the January, February and March meetings
- Linda noted that she and Judy were available to assist with anything he may need

4. Business Arising

a) Transportation:

The following information was provided by Linda Western as an update on what is known about the climate of possible changes and initiatives around the issue of transportation in the Lower Mainland and the Tri-Cities. The Transportation Committee had

scheduled a second meeting on October 29th. Unfortunately only one person was available to attend, Gina Hortelano.

- Handi Dart has held two community consultation meetings. One in May 2013 and a second on October 29, 2013. Linda Western and Bruce Hansen attended the meeting. Linda has a copy of the report of the meeting held in May and has distributed this to the transportation committee. (Custom Transit Review)
- She believes the new 'taxi program' is being piloted in one area of the Lower Mainland
- Bruce Hansen has submitted an application to sit on the HandiDart Advisory Committee
- Linda shared some copies of a 'mind map' and a 'grid' of services and reasons for need of services; these pages were taken from the "Custom Transit Review"
- Between cutbacks and changes there were not a lot of happy people at the Oct. 29th meeting
- John Perry said there will be a call in the newspapers SHORTLY FOR A TRANSLINK COMMUNITY QUESTIONNAIRE/SURVEY. Linda will advise more when she has more details
- At the first meeting of the Transportation Committee the groups decided to make the recommendation to the Planning Network that the Network host a 'Transportation Forum' to bring the community together to host a discussion on the issue and determine possible strategies for transportation issues in the Tri Cities. It was suggested that we not target any one specific source of transportation.
- This suggestion prompted good conversation.

Stacy walked us through a planning process for consideration of a Forum.

The following information is a summary of the ideas generated by the exercise discussion. It is to be used as the foundation for future planning of a Forum. Additional ideas, points or shifts may be made.

Decide on a topic, i.e.

Age-Friendly Transportation in the Tri Cities

WHY should we care?

Who should care?

- Planning Network
- Residents of the Tri Cities
- Governments
- Decision makers

First Must Identify:

- What's happening now?
- What are the Gaps
 - Consider capacity vs. demographics
 - Access vs. barriers
- Who does what now ? Who are the PLAYERS?
- How we can improve what is in place?
- The issue of Costs/how to pay/affordability; individuals or groups
- Groups or categories of who needs what
 - People driving
 - People transitioning to not driving
 - Frailty of the user
 - People using transit
- Policies/insurance for 'helpful' drivers by custodians, staff, etc.
- What is the Focus?
 - Tri City residents need to be involved in what they and/or their senior loved ones need
- Possible Goals for the conference:
 - Sharing concerns
 - Creating concrete next steps
 - Create a 'mind map' of what we have
 - Create a map of 'black holes'
- Who is the Audience?
 - Seniors
 - Elected representatives
 - Caregivers

- Format:
 - Intimate? Simple?
 - Goal is *sharing concerns*
 - Could be a series of Forums
 - Clearly define 'homework' prior to Forum
- Assets:
 - Tri Cities Community TV (Roger Loubert)
 - From the Community TV perspective:
 - It is emerging in this region in a big way
 - Roger Loubert is the VP of the Tri Cities Community TV (made possible by cities funding)
 - Great resource; also through Arts Connect
 - Church Network (Mary Ong)
 - ISS
 - Better at Home - SHARE
 - ?
- Possible presenters; could include:
 - People who have possible solutions i.e. developers of affordable/accessible housing
 - Whoever is involved in making the decisions: Mayors, Councilors, MLA's, MP's
- What do we need?
 - Send information out to Network and ask for feedback (potential of 20 to 60+)
 - Develop a Survey for Seniors groups/agencies to send out to membership
 - Distribute through Church network (Mary)
 - Send out to SUCCESS senior clients (Effie)
 - Possibly send out to BC Hydro retirees (King)
 - CARP (Bruce)
 - Send to Network and ask agencies providing services to seniors to distribute more broadly
 - Ask just a couple of simple questions e.g.
 - What would you like to have discussed at a Forum regarding age-friendly transportation in the Tri Cities?

End of Stacy's great presentation. Thank you everyone for participating in a great discussion. A group of Effie, Mary, King and Stacy will meet with Stacy to design the survey before the next meeting.

b) Survey Update

- Will review and discuss in January
- Carolyn Sherrell will be away until May or June
- Still hoping to meet with Christine Spinder to look at what we need to do
- Pat and Linda will review the information we currently have and prepare a one page summary of the survey results received to date.

c) Follow Up re: October 22nd SUCCESS presentation

- Effie mentioned that volunteer teachers are need to participate in conversation circles.
- Looking for assistants, need teaching background, preferably with TOESL
- If anyone is interested or knows someone who would be, please contact Effie Garcia

5. Updates

Effie:

- SUCCESS in partnership with the Red Cross are accepting donations for the Philippine Typhoon relief
- There are a few spaces left for Train the Trainer full day workshop for Elder Abuse . Contact Effie to register

Bruce Bird

- Thanks to Karen Tyrell for agreeing to present on December 11th, 1:30 to 4 pm at the Poirier Sports Centre
 - Topic: Maintaining a Healthy Brain
- Bruce managed to present a copy of his paper on Mandatory Driver Testing at 80 to Christy Clark

Roger:

- December 15th is the AGM for Arts Connect at Wilson Centre in PoCo
- David Spence attended a ceremony at Riverview
 - Riverview area could be pivotal in future planning

Karen:

- Will be presenting at the Kyle Centre on Caregiver Stress, as part of the Tri City Seniors Caregivers Program

Stacy

- CVSS hosted a 'Wine & Wisdom' event at Wilson Centre on November 19th
- Group targeted were members of various service clubs and cultural groups

Peggy:

- Extended regrets for December 17th meeting
- Hopes a Dogwood and/or Glen Pine representative will attend in her place

Linda:

- Connecting with Boards at Dogwood, Wilson and Glen Pine to ask them to attend a meeting and give us an 'annual' update
- Was in touch with Port Moody Arts Centre - they have offered us free space
- Douglas College recently held a community consultation process. In conversation with a representative of Douglas college , Linda Learned that Douglas college is reaching out to support the community and has offered possible meeting space. Perhaps this may be a good venue for a Forum??

It was decided by those in attendance that we WILL have a December meeting to continue the momentum of the Forum discussion .

**Next Meeting: Tuesday, December 17th, 1 to 3 pm
Place: CVC office, 2nd floor, 25 Kind Edward
(directions will be provided with the Agenda)**

Meeting adjourned at 3:05 pm