

TRI-CITIES SENIORS PLANNING NETWORK

Minutes of Meeting

Tuesday, September 16, 2014 - 1:00 - 3:00 pm

Location: SUCCESS office, Henderson Place, Coquitlam

Attendees:

Stacy Ashton
Massi Bakhshian
Bruce Bird
Mary Anne Cooper
Carmeliza Florido
Peggy Hendrickson
Gina Hortelano
Brenda Hynes
Judy Jackson
King Lum (Chair)
Pat McBlane
Mike Oakley
John Schofield
Suzanne Tempel
Michi Tsurumi
Karen Tyrell
Bill Wray

Regrets:

Marg Gordon
Sandra Marsden
Mary Ong
Carolyn Sherrell
Linda Western

Introductions were made; King Lum chaired the meeting. Agenda was accepted. King informed the group that Effie is no longer with SUCCESS and she will be missed.

Minutes from Last Meeting:

- Bruce Bird moved to accept minutes; Michi Tsurumi seconded
- Carried

Business Arising from Previous Meetings

Transportation Forum final notes:

- Stacy is finishing the final report
- She gave a quick recap of the event
- If anyone is interested in setting up a sub-committee to further discuss transportation issues, please contact Stacy - she would be willing to be part of this discussion

New Business

King asked for suggestions for our next project such as affordable and accessible housing for seniors. General discussion from the group was as follows:

- There is a huge gap in Day Programs to relieve caregivers in the Tri-Cities
- Hawthorne program way over subscribed and huge waiting lists
- Leisure Connections at Glen Pine has been cancelled
- Bill Wray (Glen Pine) added they have found a small amount of funding
 - There will be a need for some restructuring through the 50+ program
 - Hope to be operational again by next week
 - Need to look at longer term re: funding, facilitation, etc.
- There needs to be a more centralized approach to dealing with issues
- Caregivers are burning out and have no place to turn for help
- Port Moody is still talking about how to get things moving; will be meeting in October
- What training is required to run a Day Program?
 - Should be run through Fraser Home Health
 - Qualified through therapeutic representative program
 - A nurse may be required to administer meds
 - Volunteers could help with many programs
 - Karen's dream - 24 hour care centre!
- Leisure Connections programs through Fraser Health requires no qualification to attend - open to all
- Paul's Club in Vancouver, privately operated; analyzed Leisure Connections programs prior to opening
- Funding is the biggest issue - government/health care should fund, but have pulled back. Service is not seen as a necessity
- Need to get info out to the commercial and private sector - needs to be marketed - possibly as a for profit service?
- Gather more info (Chamber of Commerce) and then share
- What about day care for adults in private homes?
 - May be issues about insurance
 - Currently, individuals are allowed to care for up to two adults without a license
 - Day care only for healthier seniors - not necessarily suitable for Alzheimer's or severe dementia
- It was suggested we establish a small sub-committee to further study the issues
- What do we want to do"
- Pull together a presentation to the Network, possible Paul's Club representative
- This is an opportunity for growth in the community
- Suzanne Tempel, Karen Tyrell, Stacy Ashton, Massi Bakhshian and John Schofield volunteered to participate in a sub-committee
 - Judy to send out suggested meeting dates
 - Meeting will be finalized through Stacy

- Meeting will be held at Community Volunteer Connections office
- A summary of discussions to be presented at November 18th meeting
- Karen moved to establish a Day Program sub-committee to examine needs in the community and possible options for the committee; Seconded by Mike Oakley.
- Carried
- Helps to stay in touch with Bill Wray at Glen Pine for updates to the 50+ program
- Bill Wray to contact Sandra Marsden to try to get her involved

Presentation by Lin Chen, BC Centre for Elder Advocacy and Support

- The BC Centre for Elder Advocacy and Support serves the entire province of BC
- Most of the funding comes from the provincial government
- The Seniors Abuse and Info Line (SAIL) is the main point of contact and serves as a gateway to other services
- E-book available on line: ‘Understanding and Responding to Elder Abuse’
- Lin passed out copies of the BC Elder Abuse & Information Kit (2013) which is a compilation of different brochures on the subject
- If you notice neighbours, have concerns and even if you don’t know them you do not need their permission to report suspicions of abuse; the Health Authority would investigate any report
- The Abuse/Info line receives approximately 2-300 calls per month, most of which are third party concerns
- Since expansion of services and promotion of services, there has been an increase in older adults phoning themselves
- There is no age limit for SAIL line calls
- Victim Services Program works with seniors 50+
- Legal Programs serve seniors 55+
- In addition, BCCEAS provides outreach services where they are able
- For more detailed information on what BCCEAS is all about, please visit their website at: www.bcceas.ca

Updates

King Lum:

- King has been invited to attend the Tri-Cities local Immigration Partnership Council meeting on September 24.

Bruce Bird:

- CARP meeting September 25, Royal City Curling Club (75 East 6th St, New West) from 1 to 3
- Theme is “Canada Works for All Generations”
- Dr. Paul Kershaw will be the keynote speaker

Mary Cooper:

- Port Moody looking at alternative bus routes

- The local system should look more closely at seniors needs
- Should use the community transportation buses differently
- Translink needs a new attitude about bus use outside of commuting hours
- Tri-Cities looking for new ideas
- Include local community businesses in discussion
- Mary would like to stay involved in the transportation discussions and planning for seniors, particularly in Port Moody

Stacy Ashton:

- CVC Festival of Volunteers, 9:30am to 6:00pm on October 18, at Coquitlam Centre

John Schofield:

- Passed out copies of his new brochure
- Also, now has a website: www.johnshelpinghands.ca

Suzanne Tempel:

- CVSS still looking for funding
- Meeting with interim board every three weeks

Gina Hortelano:

- Better at Homes continuing
- Providing transportation to doctor's appointments and light housekeeping
- Not providing grocery shopping at this time as CVSS is covering this
- 45 clients in year one; now over 100
- Reduced cleaning services to once per month in order to serve more people

Peggy Henderson:

- Glen Pine is now open from 10 to 2 on Sundays (test system until spring)
- Winter hours are now in effect, will be open two nights per week
- Tuesday have dinner available, licensed

Bill Wray:

- Glen Pine is having an open house on September 20th from 9 to 3
- Will be looking at the City of Coquitlam Recreation Plan; info for seniors will be provided
- September 26th is National Cultural Day from 3 to 8 pm
 - Meal and entertainment provided
 - 'Try It' night - learn/try new games and activities
- October 8th is the City of Coquitlam Multicultural Day at City Hall

Next meeting: October 21st, 2014, 1 to 3 pm, Nancy Bennett Room, Poirier Library