

# TRI-CITIES SENIORS PLANNING NETWORK

## Minutes of Meeting

Tuesday, April 15, 2014 - 1:00 - 3:00 pm

Location: Port Moody Arts Centre

### Attendees:

Stacy Ashton  
Patricia Garner  
Marg Gordon  
Parneet Hara  
Peggy Hendrickson  
Gina Hortelano  
Brenda Hynes  
Judy Jackson  
Roger Loubert  
King Lum (Chair)  
Gerry Steckler  
Michi Tsurumi  
Karen Tyrell

### Regrets:

Aida Alves  
Bruce Bird  
Pat McBlane  
Mike Oakley  
Carolyn Sherrell  
Linda Western

### Agenda accepted with a couple of additions:

- CVSS update
- Riverview update

### Minutes from March 18<sup>th</sup> accepted with minor typographical corrections

- Moved by Roger Loubert to accept minutes as corrected; seconded by Michi Tsurumi. Carried.

### Transportation Forum Subcommittee Report

- Date has been set for Thursday, June 26<sup>th</sup> from 10 am to 4 pm
- Survey has been completed and we received 237 responses!
- It was circulated in English, Farsi, Korean and Chinese
- Primary groups/services people would like to hear from include: Translink, ICBC, HandiDart, Taxi Savers, Fraser Health Seniors Services
- We want to organize a panel of City Planners from each of Port Moody, Coquitlam, Port Coquitlam

- Need additional people to help organize. Most of the survey committee transitioned over to the planning committee.
- \$250 was received from BC Centre for Elder Advocacy and Support (King donated his honorarium to us... thank you King!). A further \$100 donation will be forthcoming from BC Hydro on King's behalf.
- Tables should be sold for \$75 to committee members groups and not for profits; \$150 per table all others
- We already have over 100 contacts from survey information provided
- Mary Ong has arranged for us to use space at the Eagle Ridge Bible Fellowship (1160 Lansdowne) for \$400 (this includes all chairs, tables and a/v required.)
- Space will accommodate up to 300 people
- The survey identified that about 15% of the people will need assistance to get to the Forum
- Marg suggested contacting Westminster Savings prior to April 30<sup>th</sup> for a small grant
- Looking for:
  - More volunteers (Parneet agreed to help)
  - Speakers
  - Someone to organize vendors
    - *Since the meeting Marg identified a conflict in her schedule and will not be able to take on this role*
    - *At the meeting we said to send vendor ideas to Marg directly; until we have another volunteer to take on this role, perhaps you could forward suggestions to Judy and she will try to organize*
- Karen can provide a template for letters and a list of potential vendors (from the Access Awareness Fair)
- Next meeting for Forum Planning volunteers will be on Thursday, April 24<sup>th</sup> at 2:30 at CVC's office (contact Stacy for more info)

### **Facilitator Contract**

- Stacy will use some of the Gaming money CVC receives to support the Network
- Judy has re-signed a contract for another year
- Since we have lost the United Way funding, the Facilitator will not be replaced at this time

- United Way has funded other networks through to June. If they keep the funding after June, we would be part of that pool

### **New Logo**

- This discussion was deferred as we did not receive the new logos in time to present at the meeting

### **Update on Grants**

- CVSS (Marg) presented their Go-Forward Plan
- Historically, CVSS has been viewed as a PoCo program, but it actually serves all of the Tri-Cities
- Currently looking for bridge funding (18 mos.)
- Have written a new plan to become self sufficient
- New name will be: Tri-Cities Services for Seniors (TCSS)
- TCSS will be a standalone non-profit
- Currently take direction from the Wilson Centre Advisory Board
- Will create a new board
- Encouraging City Councillors to write to Clark stating that Better at Homes is underfunded
- No one has been able to provide all three streams in their communities
- Can't move forward without some funding in place
- They will be moving to Sunwood Square
- Need to create awareness throughout the Tri-Cities
- Would love to have some members from the Planning Network to sit on the new board. If anyone is interested, please contact Marg
- Marg will create a job posting for the new board

### **United Way Cutbacks**

- It had been decided earlier that the Network would send a letter to United Way in protest of the recent cuts to seniors' programs
- It was felt that we should still send a letter but perhaps change the focus to being more a letter of concern
- Karen expressed that it should talk about the sustainability of seniors services

- It would show responsibility on our part as a planning table labelled as vulnerable
- Stacy to rewrite the letter and will circulate at next meeting for comments
- To be sent by May 21<sup>st</sup>

### **Riverview Lands**

- Advisory Committee from Coquitlam
- Brainstorming how to bring artists there
- Coquitlam has formed a sub-committee to look at buildings and their condition
- Roger will forward a UTube video to Judy showing some of the history of Riverview (will forward to committee when received)
- Riverview Horticultural Centre Society is a great resource on the history of Riverview

### **New Business**

Stacy has a couple of new volunteer opportunities, please spread the word, or contact her if interested in either:

1. Child Health Immunization Clinic volunteer - help to put parents and their children at ease; clinics run 2 - 3 hours long
2. Volunteer Guru:
  - a. Someone to lend advice to new people volunteering
  - b. Volunteer outreach
  - c. Team of four to five people

### **Legal Issues for Seniors**

- King has training regarding a presentation on : power of attorney, wills, representation agreements, etc.
  - A Will is about distribution of your assets after death
  - A Power of Attorney gives someone the authority to deal only with your financial affairs when you are alive and incapable
  - A Representation Agreement gives someone control over your health decisions should you become incapacitated and unable to handle your own decision making - should

always be drafted by a lawyer to ensure your wishes are followed

- Gerry talked a bit about Legal Shield where for \$26 per month, all of these services are provided
- Legal issues are supposed to change May 1<sup>st</sup> making the process more 'user friendly'
- Probate of Wills takes from 18 mos. to two years with costs
- Some discussion about the possibility of King (?) doing a presentation/workshop to the Network members (the conversation quickly switched to the possibility of another 'forum')
- Maybe partner with another group
- Need more time to discuss a plan before committing
- Possibly do something to educate Network members in regards to responses to queries
- Crises and horror stories come from lack of education and awareness (isolation).
- Identify a need for a seniors information line
- Public needs to understand overall
- Get people to decide what they want and be prepared
- How do we do outreach
- Drive people to the various options
- Offer incentives to increase attendance
- Need opportunities for one to one discussions
- Entire topic needs further discussion

## Updates

Peggy (Dogwood):

- Attended a recent Coquitlam Town Hall meeting
- Topics of discussion included:
  - Bus service along David Avenue to PoCo
  - The need for washrooms near SkyTrain
  - Coquitlam/Burquitlam may have a new firehall
  - Community Associations - City trying to reinstate the program and engage more with Council
  - Burquitlam seniors have lost access to a grocery store

Roger (Tri-Cities Community TV):

- Have presented a business plan to the city of Port Moody

- Looking at training seniors who are interested in making films
- May be interested in filming network meeting and the Forum
- Roger could suggest this in his role of program development

Karen (Tri-Cities Seniors Caregiver Program):

- Caregiver Program will continue to receive funding to June 2015
- Coquitlam Centre Seniors Fair on May 31, 2014
- CRN is doing a training session on June 18<sup>th</sup> at 10 am at the City Centre Library. Topic: Top Ten Frauds and Scams

Marg (CVSS):

- CRN is also doing a workshop on Elder Abuse, May 6<sup>th</sup> at Wilson Centre (time to be confirmed)
- Christine Spinder will be facilitating

Brenda (Fraser Health):

- Back at full staff

Gina (Better at Homes):

- Grocery shopping program in development stage
- Still looking for more volunteer drivers

Michi (Port Moody Community Care Committee):

- Meeting yesterday, SPARK presented
- Recognize need for bringing seniors together
- Hope to start having Coffee and Chat sessions starting in May
- Received an Age Friendly grant of \$20K last November

**Next Meeting: Tuesday, May 20th, 1 to 3 p.m.  
- Port Moody Arts Centre (Boardroom)**